

SPAS
OF ARAGON



English

Baños de Serón
Benasque
La Virgen
Manzanera
Panticosa
Paracuellos de Jiloca
Termas Pallarés
Termas de San Roque
Sicilia
Vilas de Turbón



www.turismodearagon.com

Tourist information

902 47 70 00

Tourist Information Offices in Aragon

Aragon Tourist Office (OPEN ALL YEAR) Avda. César Augusto, 25. Teléfonos 902 47 70 00 - 976 28 21 81. ZARAGOZA



TOWN	ADDRESS - TELEPHONE - OPENING PERIOD
HUESCA	
Huesca	Plaza. Catedral, 1 - 974.29.21.70 - All year round
Abizanda	Entremuro - 974.30.03.26 - All year round
Aínsa	Plaza del Castillo. Torre nordeste - 974.50.05.12 - All year round
Aínsa	Avda. Pirenaica, 1 - 974.50.07.67 - All year round
Alquézar	Arrabal, s/n - 974.31.89.40 / 60 - Only summer
Ansó	Plaza Domingo Miral, 1 - 974.37.02.25 - Summer and Easter
Ayerbe	Plaza Ramón y Cajal, s/n - 974.38.00.25 - Only summer
Barbastro	Avda. La Merced, 64 - 974.30.83.50 - All year round
Benabarre	Plaza Mayor - 974.54.30.00 - Only summer
Benasque	San Sebastián, 5 - 974.55.12.89 - All year round
Bielsa	Plaza Mayor, s/n - 974.50.11.27 - Only summer
Bierge	Carretera de Aguas a Bierge, Km 39 - 974.31.81.01 - Only summer
Biescas	Plaza Ayuntamiento - 974.49.56.33 - Summer, Constitution Long Weekend, Christmas, Easter and Long weekend
Binefar	Almacellas s/n - 974.43.22.23/ 43.20.37 - Summer, Easter and Christmas
Bolea	Medio, 17 - 974.27.22.00 - Only summer
Boltaña	Avda. Ordesa, 47 - 974.50.20.43 - All year round
Broto	Avda. Ordesa, 1 - 974.48.64.13 - Only summer
Cnfranc-Estación	Plaza del Ayuntamiento, 1 - 974.37.31.41 - All year round
Campo	Ctra. Benasque, s/n - 974.55.00.00 - Only summer
Castejón de Sos	Avda. El Ral, 39 - 974.55.30.00 - Only summer
Colungo	Las Braules, s/n - 974.31.81.85 - Only summer (rest of year, weekends)
Fanlo	Ctra. Sarvisé-Fanlo - 974.48.90.05 - Only summer
Fiscal	Ctra. Jaca-El Grado s/n - 974.50.30.03 - Only summer
Fonz	Plaza Mayor, 3 - 974.41.20.01 - Only summer
Formigal	Edificio Almonsa III - 974.49.01.96 - All year round
Fraga	Plaza España, 1 - 974.45.41.76 - Summer, Easter, Christmas and Pilar Feast Day
Grado (El)	Barrio del Cinca, s/n - 974.30.40.21 - Only summer
Graus	Fermín Mur y Mur, 25 - 974.54.61.63 - All year round
Hecho	Pº San Antón, s/n (Museo Arte Contemporáneo) - 974.37.55.05 - Summer, Weekends, Long weekends and Feast Days
Jaca	Avda. Regimiento de Galicia, Local 2 - 974.36.00.98 - All year round
Lecina (Bárcabo)	Plaza de Lecina, s/n - 974.31.84.53 - Only summer
Loarre	Carretera (Bajo torre iglesia) - 974.38.26.09 - Only summer
Montanuy	Cruce Ctras. N-230 y N-260 (P.K. 354) - 974.55.40.09 - Only summer
Monzón	Plaza Mayor, 4 (Porches Ayto.) - 974.41.77.74 - All year round
Monzón	Castillo de Monzón - 974.41.77.91 - All year round
Naval	Obradores, s/n - 974.30.05.03 - Only summer
Panticosa	San Miguel, 37 - 974.48.73.18 - All year round
Plan	Capileta, s/n - 974.50.60.01 - Summer and Easter
Puente la Reina de Jaca	Cruce Ctra. Jaca-Pamplona - 639.53.13.37 - Only summer
Sabiñánigo	Plaza de España, 2 - 974.48.42.00 - All year round
Salinas de Sin (Tella-Sin)	Cruce Ctra. Salinas-Plan-Bielsa - 974.50.40.90 - Only summer
Sallent de Gállego	Francia, 4 - 974.48.80.05 - Summer, Christmas and Easter
Torla	Fatás, s/n - 974.48.63.78 - Only summer
Torreciudad	Santuario de Torreciudad - 974.30.40.25 - All year round
Viacamp	Única. Nal 230 (entrada al pueblo) - 974.34.73.80 - Summer and Easter

TERUEL	
Teruel	San Francisco, 1 - 978.64.14.61 - All year round
Albarracín	Diputación, 4 - 978.71.02.51 - All year round
Alcalá de la Selva	Plaza de la Iglesia, 4 - 978.80.10.00 - Only summer
Alcañiz	Mayor, 1 - 978.83.12.13 - All year round
Alcorisa	Plaza de San Sebastián, 1 - 978.84.11.12 - All year round
Aliaga	San Antonio, 18. Bajo - 978.77.10.26 - Only summer

TOWN	ADDRESS - TELEPHONE - OPENING PERIOD
Andorra	Aragón, 17 - 978.84.31.64 - Weekends and Feast Day
Beceite	Villaclosa, 9 - 978.89.04.68 - All year round
Calaceite	Plaza de España, 1. Bajo - 978.85.12.22 - Summer and Easter
Calamocha	Pasaje Palafox, 4 - 978.73.05.15 - All year round
Cantavieja	Plaza Cristo Rey, s/n - 964.18.52.43 - All year round
Castellote	Nueva, 47 - 978.88.75.61 - All year round
Cella	Avda. Fuente, s/n - 978.65.00.02 - Summer, Easter and Long weekends
Galve	Rambla San Joaquín, 2 (Museo) - 978.77.60.47 - All year round
Manzanera	Plaza de la Cultura, 4 - 978.78.18.82 - Only summer
Mas de las Matas	La Costera, 11 - 978.84.88.07 - Summer and Easter
Mirambel	Plaza Iglesias, 1. Bajos Ayuntamiento - 964.17.82.12 - Summer, Long weekends, Easter and Christmas
Molinos	Antiguos Lavaderos, s/n - 978.84.90.85 - All year round
Monreal del Campo	Plaza Mayor, 10. Casa de la Cultura - 978.86.46.45 - Only summer
Montalbán	Subida a la Iglesia - 978.75.04.52 - Summer, Easter and Christmas
Mora de Rubielos	Plaza de la Villa, 1 - 978.80.00.00 - Summer, Easter, Christmas, weekends and Feast Days
Moscardón	San Antonio, 12 - 978.70.52.72 - Only summer
Mosqueruela	Edificio Santa Engracia - 978.80.70.07 - Only summer
Puertomingalvo	Mayor, 11 - 978.80.20.51 - Summer, Reast of year, Sundays and Feast Days
Rubielos de Mora	Plaza Hispano América, 1 - 978.80.40.01 - All year round
Torrevelilla	San José, 7 - 978.85.24.62 - All year round
Valderrobres	Avda. Cortes de Aragón, 7 - 978.89.08.86 - All year round

ZARAGOZA	
Zaragoza	Avda. César Augusto, 25 - 976.28.21.81 / 902.47.70.00 - All year round
Zaragoza	Eduardo Ibarra, 3. Auditorio (Patronato Mpal. de Turismo) - 976.72.13.33 - All year round
Zaragoza	Glorieta Pío XII s/n. Torreón de la Zuda - 976.20.12.00 / 902.20.12.12 - All year round
Zaragoza	Plaza de Nstra. Sra. del Pilar, s/n - 976.39.35.37 - All year round
Zaragoza	Estación Zaragoza-Delicias. Avda. de Rioja, 33 - 976.32.44.68 - All year round
Zaragoza	Feria de Zaragoza. Ctra. Madrid Km 311 - 976.76.47.00 - Ext. 165 - Certámenes feriales
Zaragoza	Plaza de Sas, 7. Bajos (S.I.P.A.) - 976.29.84.38 - All year round
Zaragoza	Coso, 44. Palacio de Sástago (Patronato Prov. de Turismo) - 976.21.20.32 - All year round
Alagón	Plaza de San Antonio, s/n (Casa de la Cultura) - 976.61.18.14 - All year round
Aranda de Moncayo	Los Pozos, 35 - 976.82.50.00 / 82.04.68 - Only summer
Ateca	Plaza España, 5. 2ª planta - 976.84.27.05 - Only summer
Borja	Plaza España, 1. Ayuntamiento - 976.85.20.01 - All year round
Brea de Aragón	Oriente, 18 - 976.82.41.41 / 82.04.68 - Summer (winter, weekends and Feast Days)
Calatayud	Plaza del Fuerte, s/n - 976.88.63.22 - All year round
Caspe	Plaza España, 1. Casa-Palacio Piazuelo Barberán - 976.63.65.33 - All year round
Daroca	Plaza de España, 4 - 976.80.01.29 - All year round
Ejea de los Caballeros	Plaza de la Magdalena, s/n - 976.67.74.74 - Summer (March, April and May, weekends)
Gallur	Las Moreras, s/n - 976.86.40.73 - Only summer
Gotor	Convento de los Dominicos - 976.54.80.24 / 82.04.68 - Only summer
Illueca	Plaza del Castillo, s/n - 976.82.20.01 - Summer (winter, weekends and Feast Days)
Mequinenza	Plaza Ayuntamiento, 5 - 976.46.41.36 - All year round
Mesones de Isuela	Castillo Mesones Isuela - 976.60.57.34/ 60.58.77 - Summer (Thurs. to Sun.), winter, weekends
Muel	Taller-Escuela de Cerámica. Ctra. Valencia. Km 468 - 976.14.52.25 - All year round
Remolinos	Mayor, 4 - 976.61.84.51/ 61.80.01 - Only summer
Sádaba	Rambla, s/n - 976.67.50.55 / 699.42.58.34 - All year round
Sos del Rey Católico	Emilio Alfaro, 5 - 948.88.82.70 - Winter, Mondays and Tuesdays, summer, every daySos del Rey
Tarazona	Palacio de Sada - 948.88.85.24 - All year round
Tarazona	Plaza de San Francisco, 1 - 976.64.00.74/ 19.90.76 - All year round
Tarazona	Ctra. Nal. 122 - 976.64.00.74/ 19.90.76 - Only summer
Tauste	Plaza de España, 1 - 976.85.51.54 - All year round
Uncastillo	Santiago, s/n. Iglesia de San Martín de Tours - 976.67.90.61 - All year round
Vera de Moncayo	Ctra. Z-372. Junto piscinas municipales - 650.89.48.62 - Only summer



Spas

The natural virtues of the spas of the Aragonese Pyrenees combine with the impressive and beautiful landscape of the enormous woods and high summits, which provide a marvellous sight to complete the effects of the waters and invite the rest to be combined with mountain sports.

Panticosa-Resort (Huesca)

Benasque

Panticosa

Vilas del Turbón

Pyrenean





Panticosa-Resort

Address: Ctra. del Balneario, Km 10

Town: 22650 PANTICOSA (Huesca)

Height above sea level: 1636 m

Season: 01-01 to 31-12

Hotel facility: Gran Hotel***** De luxe

Telephone: 902 25 25 22

Fax: 902 25 25 32

Website: www.panticosa.com

E-mail: reservas@panticosa.com

Water characteristics: Predominant mineralization: oligometallic, sulphurised and radioactive. Water temperature of around 30°C, except in the Fuente de Tiberio, which has a temperature of 47°C.

Therapeutic indications: Kidney, digestive and respiratory apparatus, urinary tracts, rheumatism and accidents, skin diseases, circulatory and nervous systems, stress, cellulotherapy, slimming, beauty. Treatment techniques: the Thermal Spa of the Gran Hotel carries out immediate personalised beauty and body treatments according to each type of skin. It has the following facilities: pool, relaxation area, vaporarium, cold bath, contrast shower, Caracalla bath, Sound Tube bath and beauty booths.

* Situated in one of the most beautiful Pyrenean valleys. Many different crossings and daytrips can be organised, for all tastes, in the surrounding area, both on foot, mountain bike, and with skis or snow rackets in winter. Sports such as horse-riding, canyoning, fishing, hunting, skiing, ravine descent, golf, climbing, trips to different Pyrenean lakes or simple hiking. The facilities are located in an enclave from where places of historical-artistic interest such as Jaca, San Juan de la Peña or the beautiful Mozarabic churches of the Serrablo can quickly be reached.

Baños de Benasque

Address: Ctra. Comarcal 139 (10 Km from Benasque)

Town: 22440 BENASQUE (Huesca)

Height above sea level: 1720 m

Season: 24-06 to 30-09

Hotel facility: Hostal Baños de Benasque

Telephones: 974 55 10 61 y 974 34 40 00

Fax: 974 34 42 49

Website: www.hotelesvalero.com

E-mail: balneario@hotelesvalero.com

Water characteristics: Hypotonic, hydrogen sulphide, silica-carbonated, oligomineral, calcic-alkaline. Temperature between 22° and 37°C and the cold baths 5 to 6°C.

Therapeutic indications: Rheumatism, arthrosis, arthritis, stress, kidney, digestive and respiratory apparatus diseases. Different treatment techniques.

* The Baños de Benasque are situated within the limits of the Posets-Madaleta Natural Park and crowned by the mountainous massifs of Maladeta, Aneto and Perdiguero. It is a solid building suspended in the mountain, situated at 1700 m above sea level, making it the highest spa in Spain. Furthermore, this valley is one of the most rugged of the mountainous massif. The Benasque valley is an exceptional place for practicing all kinds of sports and cultural activities, which vary from a simple tour around the valley villages to high mountain sports activities, on bike, parapenting, on horseback, with snow rackets or skis, ravine descent, hiking, rafting, hunting or fishing in mountain rivers, potholing, tennis or squash.



Balneario Vilas del Turbón

Address: C/. Unica, s/n.

Town: 22451 VILAS DEL TURBÓN (Huesca)

Height above sea level: 1437 m

Season: 01-03 to 08-11

Hotel facility: Hotel Balneario Vilas del Turbón**

Telephones: 974 55 01 83 y 974 55 01 11

Fax: 974 55 01 60

Website: www.balneariovilasdelarturbon.com

E-mail: info@balneariovilasdelarturbon.com

Water characteristics: Bicarbonate, calcium, oligometallic and hypotonic.

Therapeutic indications: Kidney and urinary tract diseases, anti-stress, hepatic-biliary diseases, nutrition and metabolism disorders, low sodium diets, improves and stimulates of digestive functions, anaemia and circulatory problems, rheumatic and respiratory diseases. Different treatment techniques.

* The Spa is located in a magnificent spot, 1400 m above sea level on the skirts of the enormous calcareous mass of Turbon. It is possible to carry out many different additional leisure and sports activities such as mountain trips (climbing to the top of the Turbon massif is the maximum challenge), mountain bike trips or walks, canyoning and river descents, hydrospeed, hunting and fishing, as well as visits to the different improves and stimulates the digestive functions to be found in the region. The magnificent cathedral of Roda de Isabena, the Visigoth monastery of Obarra, the village of Campo, Castejon de Sos (world parapenting centre) or the town of Benasque, are good examples.





Spas

Water and rocks are the predominant features of the countryside of the Iberian mountains, combining to create fanciful sculptures, valleys and ravines, which are pleasing to the eye and provide an excellent rest place.

Iberian

Alhama de Aragón

Jaraba

Paracuellos de Jiloca



Alhama de Aragón

Balneario Termas Pallarés

Address: Constitución, 20

Town: 50230 ALHAMA DE ARAGÓN (Zaragoza) - Height above sea level: 678 m

Season: 06-02 to 20-12 (Hotel Parque) and 01-01 to 31-12 (Hotel Termas)

Hotel facility: Hotel Parque*** and Hotel Termas***. Two buildings joined together by a footbridge with gardens covering 68,000 square metres and a thermal lake, the only one of its kind in Europe, whose waters flow at 32°C.

Telephone: 976 84 00 11 - Fax: 976 84 05 35

Website: www.termaspallares.com - E-mail: balneario@termaspallares.com

Water characteristics: Predominant mineralization: bicarbonate, sulphurised, calcic, sodic, magnesian and slightly radioactive.

Therapeutic indications: Rheumatology, respiratory apparatus, otorhinolaryngology, natural treatment of obesity, relaxation and stress cures, diuresis cures, aesthetic and beauty treatments, rehabilitation and physiotherapy.

* The excellent spa facilities, a quiet location and a marvellous thermal lake, the only one of its kind in Europe, make it a perfect rest centre.

* The spa is also an excellent starting point for trips. The Tranquera reservoir, the emblematic Monasterio de Piedra or the town of Calatayud, are only a few kilometres away. The landscape of the surrounding area is also of great interest and is suitable for practicing many leisure and sports activities such as canoeing, boat rides, hiking, mountain biking, tennis or squash.



Balneario Termas de S. Roque

Address: San Roque, 4 - Town: 50230 ALHAMA DE ARAGÓN (Zaragoza)

Height above sea level: 678 m - Season: 15-04 al 10-11

Hotel facility: Hostal Avda.de San Roque

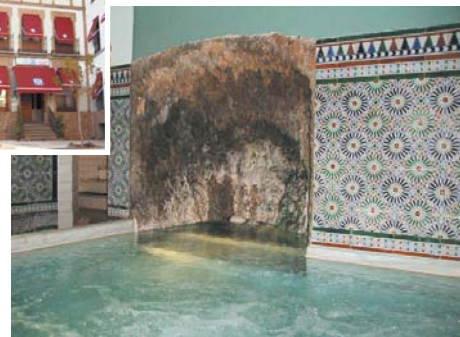
Telephones: 976 84 00 14 y 902 11 35 34 - Fax: 976 84 06 17

Website: www.termassanroque.com - E-mail: info@termassanroque.com

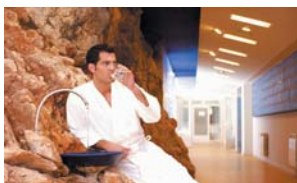
Water characteristics: Predominant mineralization: bicarbonate, sulphurised, calcic, sodic and slightly radioactive. Temperature of 34°C. The millenary «Moro» and «Mora» springs stand out.

Therapeutic indications: Rheumatism, arthritis, gout, sciatica, urinary lithiasis, diuresis, bronchitis, asthma, neuritis, neurosis, pains, stress, hypertension, arteriosclerosis and obesity.

* The Termas de San Roque building rises up in the centre of the town of Alhama de Aragón, at the foot of a canyon among the rocks that the Jalon river flows over. A rest from the health and beauty cures can give us the chance to discover the architectonic and cultural heritage of this town. Apart from the tourist attraction of the actual town, in extremely beautiful surroundings, we can visit places such as the Monasterio de Piedra, the Mesa and Piedra river gorges, the Tranquera reservoir or the town of Calatayud. This important surroundings also enable us to carry out other activities such as walks or rides on mountain bikes, nautical sports, hunting or fishing.



Jaraba Balneario Sicilia



Address: Ctra. Calmarza, Km 1
Town: 50237 JARABA (Zaragoza)
Height above sea level: 763 m - Season: 01-01 to 31-12
Hotel facility: Hotel Balneario Sicilia***
Telephones: 976 84 80 11/36 - Fax: 976 87 28 02
Website: www.balneariosicilia.com
E-mail: sicilia@balneariosicilia.com

Water characteristics: Medium mineralization oligometallic, mixed bicarbonate, calcic, magnesian and slightly radioactive. Indoor and outdoor thermal pool. Temperature of 34°C.

Therapeutic indications: Kidney and urinary tracts, rheumatism, metabolism, hyperuricemia, gout, diseases of respiratory tracts, digestive, dyspepsia, traumatic and functional sequels, peripheral circulatory apparatus alterations, relaxation cures. Treatment techniques: Niagara sub-aquatic massage, hydroponic cure, thermal bath, thermal jet, bubble baths, circular shower, Kneipp shower, thermal and hydrothermal aesthetic pool, quiromassage, etc.

- * The Balneario Sicilia is located in a beautiful spot in the middle of the Mesa river valley, 763 metres above sea level. Apart from the different facilities, the spa has a magnificent thermal pool buried in a natural grotto.
- * The surrounding area is perfect to carry out all kinds of open air activities. Sports such as horse-riding, tennis, hunting, fishing, mountain climbing and hiking can be practiced. Calmer activities such as golf, petanque or walks to visit the countryside or monuments are also possible.

Balneario Baños de Serón

Address: Extramuros, s/n. - Town: 50237 JARABA (Zaragoza)
Height above sea level: 763 m - Season: 01-01 al 31-12 - Hotel facility: Hotel Baños de Serón**
Telephone: 976 84 80 71 - Fax: 976 84 81 40
Website: www.balnearioseron.com - E-mail: seron@balneariosicilia.com

Water characteristics: Medium mineralization oligometallic, calcic, magnesian, mixed bicarbonate and slightly radioactive. Temperature: 34°C.

Therapeutic indications: Kidney and urinary tracts, rheumatism, arthrosis, metabolism, hyperuricemia, gout, respiratory tract diseases, digestive, dyspepsia, traumatic and functional sequels, diseases of the peripheral circulatory apparatus, relaxation cures.

- * Located close to the central area of Jaraba, a thermal town par excellence, the spa has magnificent natural surroundings. An area surrounded by trees where you can find the peace and quiet necessary to improve your health and state of mind.



- * Sports lovers, or those who just like a walk through nature, have many activities they can carry out in the open air. They can fish in the Mesa river, at the same time as they contemplate the colony of bearded vultures that inhabit it. Hiking or mountain biking along the great variety and tracks that cross the area. It is also possible to play tennis and swim; the ultimate in adventure we have got is free climbing or alpinism on the walls of the rugged ravine of the Mesa river and magnificent trips to places such as the Monasterio de Piedra, the Sanctuary of the Virgen de Jaraba, Calmarza, Nuevalos, Ateca or Calatayud.

Balneario la Virgen

Address: Extramuros, s/n. - Town: 50237 JARABA (Zaragoza)

Height above sea level: 750 m

Season: 01-01 to 31-12 - Hotel facility: Hostal Balneario La Virgen

Telephones: 976 84 81 07 y 902 15 46 70 - Fax: 976 87 27 72

Website: www.termale.com - E-mail: lavirgen@termale.com

Water characteristics: Predominant mineralization: bicarbonate, chlorinated, sulphurised, calcic, magnesian and slightly radioactive. Temperature of 34°C.

Therapeutic indications: Diseases of urinary tracts, rheumatism, arthrosis, arthritis, post-traumatic rehabilitation, hyperuricemia, gout, diabetes, diseases of the peripheral circulatory apparatus, uric acid, diabetes, stress, maintenance gymnastics, thermal lake, games room.

- * In a natural environment with an impressive landscape, the spa is located at the bottom of the Mesa river canyon, flanked by two natural 100 m high outcrops, crossed by the river that the canyon is named after. The location of the spa is ideal as a starting point for trips to the Monasterio de Piedra, to Daroca or to the nearby villages of Calmaraza, Nuevalos, Ateca and Calatayud. Sports and adventure lovers have many possibilities to practice hiking, cycling, tennis, free climbing or alpinism on the walls of the ravine, fishing in the Mesa river or water sports on the Tranquera reservoir.



Paracuellos de Jiloca Balneario Paracuellos

Address: Ctra. Sagunto to Burgos

Town: 50342 PARACUELLOS DE JILOCA (Zaragoza) - Height above sea level: 586 m

Season: 01-01 to 30-11 - Hotel facility: Hostal Balneario Paracuellos - Telephone: 976 88 32 25

Water characteristics: Predominant mineralization: chlorinated, sulphurised, radioactive. Water temperature: 15°C.

Therapeutic indications: Diseases of the skin and respiratory apparatus, stress and rheumatism. Oxygen therapy.

- * The spa is situated in the actual town centre of Paracuellos in a spectacular spot on the banks of the Jiloca river. The extensive walks and garden areas together with the exuberant vegetation make the thermal complex a marvel of nature.
- * From here one can easily reach the excellent natural park of the Monasterio de Piedra. The town of Calatayud. Rich in history is also nearby, as well as the Tranquera reservoir. The Laguna de Gallocanta, 48 kilometres away, offers an extraordinary spectacle of thousands of birds that coincide on the lake twice a year during their migratory flights. Of the many sports activities that can be carried out, hunting and fishing in the Jiloca river or Tranquera reservoir are the most outstanding, as well as bicycle routes, or hiking through the valley of the river.





Spas

The Teruel massif is comprised of high rugged mountain ranges, which are very peaceful and have a natural beauty. It is extraordinarily rich in fountains and springs whose waters have medicinal properties.

of Teruel

Manzanera





Balneario de Manzanera “El Paraíso”

Address: Ctra. Abejuela, Km 2- Town: 44420 MANZANERA (Teruel) - Height above sea level: 1.050 m - Season: 04-03 al 10-12

Hotel facility: Hotel balneario de Manzanera el Paraíso***, Hotel Los Cerezos*, Hotel Duque de Calabria* and Hostal Manzanera

Telephone: 978 78 18 18 - Fax: 978 78 18 14

Website: www.balneariomanzanera.com - E-mail: info@balneariomanzanera.com

Water characteristics: Strong mineralization water: chlorinated-sodic and sulphurised-calcic-magnesian. Temperature under 20°C.

Therapeutic indications: Constipation, diseases of the liver and gall bladder, dermatological diseases: psoriasis, eczemas, acnes, chronic rheumatisms, post-traumatic sequels, functional recoveries, chronic respiratory diseases and nicotineism, anti-stress treatments and anxiety symptoms.

- * This spa can be found on the steppes of the Universal Mounts, amid the leafy woods of the Javalambre mountain range, between pine and savine groves, in the valley where the Paraíso and Torrijas rivers meet.
- * Its privileged location is ideal to practice many different sports such as bicycle trips, hiking, climbing and walks through the surrounding area. The source of the Tejada river, the Gavilan and Teja fountains, the Paul pothole, the Alhambras spires or the hermitage of Santa Margarita are all compulsory visits, among others. Culture lovers will enjoy visiting the likable villages of Abejuela, Torrijas, the Olmos, the Alhambras and contemplating the historical-artistic heritage housed by the villages of Mora de Rubielos, Rubielos de Mora, Albarracin and, of course, the city of Teruel.



The «Season» section, referring to the times of the year when the establishments are open and closed, is given as a guide, as the dates may vary depending on the actual establishments.



